DSAR Pre Ride Briefing

(Please ensure all points are covered and understood)

- ✓ Meet and Greet, explain who you are.
- ✓ Discuss Clothing if it's an issue
- ✓ Check documents especially insurance
- ✓ Ask about their riding and experience
- ✓ Ask what they would like to achieve from training
- ✓ Tell them what you can do for them
- ✓ Cover the following points
  - Ride safely and legally at all times
  - Ride normally and within ability
  - Make decisions for themselves
  - Ignore you and your position
  - Define a separation and stop procedure
  - Define a follow me signal
- ✓ Explain route
- ✓ Explain the use of radios if appropriate
- ✓ Swap mobile numbers.

Remember to monitor their performance and watch out for fatigue and loss of concentration. Stop the ride immediately if unsafe or unlawful.

DSAR Ride De-Briefing

(Please ensure all points are covered and understood)

- ✓ Invite the riders opinion first
- ✓ Offer a Sandwich (Not Ham)
  - Discuss a good point in the ride
  - Prioritize on the faults displayed
  - Discuss areas for improvement
    - Establish Facts
    - Interpret the actions
    - Plan a Solution
  - Limit to one or two things to improve
  - End on some good comments
- ✓ Explain why its important to correct the issues
- ✓ Devise a plan, explain the plan
- ✓ Encourage self analysis
- ✓ Try to encourage a rider to think, not be told
- ✓ Provide work to practice between sessions

KEY POINTS

BE MODEST AND NON- PATRONISING
BE CREDIBLE AND HONEST
DON'T BE AFRAID TO ASK FOR HELP

REMEMBER IF WE TEACH THEM TO RIDE THEY'LL PASS

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